

Q & A With Lizzie Deignan & Yorkshire Pupils



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In an **EXCLUSIVE** blog for Mumbler, Yorkshire's very own Lizzie Deignan, reigning Tour de Yorkshire Women's Champion, answers questions from around the Mumbler network. We're focusing on questions from [Glasshouses Community Primary School](#) set in the heart of Nidderdale.

If you sent in a questions for Lizzie yourself you can visit our sister site, [Wharfedale Mumbler](#) to see if your questions were chosen for Lizzie to answer.

Did you manage to stop for any breaks on Tour De Yorkshire? Freyja

No, sadly not!

Did you dream of winning this when you were a little girl? Connie

Well no, but only because it's a new race and sadly didn't exist when I was a little girl.

Have you ever burst a tyre or fallen in a race? Jack

Yes, plenty of times but I always got back up.

How did you feel when you won? Emma

Really, really happy – and tired.



Do you think you'd like to do the Tour De France? Ellah

Yes definitely! I would love a yellow jersey – if only I was allowed and it wasn't only men who can ride it.

What pushed you to do this? Carmen

I was good at it and cycling found me.

When you were doing it what kept you going? Emily

The idea of seeing my family at the finish line.

Were you tired and aching after the race? Nell

Yes but it was all worthwhile.

What made you want to do the Tour De Yorkshire? Callie

It's my home race and the crowds are always fantastic.



What does happen if you really need to go to the toilet during a race? Emily

You have to stop and go behind a tree!

Did anybody inspire or encourage you to do this? Jasmine

My grandma rode 30 miles on her 80th birthday so is my cycling inspiration.

When did you learn how to ride a bike? Lottie

When I was 3 ½ but it's never too late.

Did you ever feel like you couldn't do it or like giving up? Isaac

Yes lots of times – you do in every race but you hang in there.

The children at Glasshouses Community Primary School will soon get the chance to celebrate their own sporting heroes as their Headteacher and Forest School Practitioner, Nicola Thornber and Liz Milner, have begun training to tackle the [Nidderdale Triathlon](#) later this year and will be raising funds for the school.

Lizzie Deignan will be joining the commentating team on ITV4 this year to cover the Women's Race on 3rd – 4th May.